

# Westminster Gazette



po box 147 westminster vt 05158

Our Community Newspaper @ www.westminstervt.org

Vol. 9, No.11 November 2013

## Area Students Team Up for Halloween Parade



**Westminster Center School and Kurn Hattin students combined forces once again for this year's Halloween Parade.**

Neither damp nor chill kept the fairy princesses, evil clowns, "cousins" of Pete the Cat or the Kurn Hattin Marching Band at home. Westminster's Halloween Parade, Thursday afternoon, Oct. 31, jived to the beat of Kurn Hattin students in grades 5 to 8.

Tom Fahner, Co-Executive Director of Kurn Hattin Homes, reports almost every middle school student plays an instrument or participates in the Marching Band Color Guard. Kurn Hattin's elementary students costume up and join the parade also. Children from the Westminster West School bus over the hill to join friends and siblings at the Center School.

For more than a decade, Kurn Hattin's percussion band has led the Halloween Parade down School Street. Three years ago, WCS school principal, Steve Tullar, and Tom Fahner agreed the can't-stand-still percussion beat should be joined by the rest of the Kurn Hattin community. The schools that march together learn together!

This year many WCS graduates attend KH as middle schoolers, and the two schools engage in a variety of joined academic events. But, if you're a kid, this parade is perhaps Westminster's most fun community event of the year!

## SAY HELLO TO SHERIFF'S DEPUTY TUTTLE

by Susan Harlow

Ian Tuttle wants to meet you. As the Windham County Sheriff's Department's deputy sheriff in Westminster, on the job since July 1, he's making it a priority to get to know as many residents as he can.

"A lot of law enforcement is not kicking down doors – it's getting to know people," Ian said. "So I'll stop in to Allen Brothers, have lunch, chit chat with people...If you get to know people as more than just Joe Police Officer, you gain their trust."

Ian says he likes having a familiar territory to work in. "You don't get to know anybody otherwise," he said. "If you see me, feel free to come up and introduce yourself. The more friends I have the better."

That's why you'll probably see him at many community events. He attended Fire Prevention Day at the Westminster Fire Department. He's planning on eating lunch with kids at the Westminster Center School soon. And maybe you saw him at the annual Haunted Graveyard last week—just not in uniform. He was the dead man in a casket.

His grandfather was a Massachusetts state trooper but that's not why Ian decided to go into law enforcement. As a junior at Brattleboro High school, he took a year of the law enforcement program at the Windham Regional Career Center, taught by John Martin, former Brattleboro police chief. He took a second year as a co-op student and did an internship at the Brattleboro Police Department.

After graduating from high school in 2010, his friend Mark Anderson, a sergeant with the Windham County Sheriff's Department, urged him to apply to the department.

After graduating from high school in 2010, his friend Mark Anderson, a sergeant with the Windham County Sheriff's Department, urged him to apply to the department. He applied, and was hired in June 2011, starting out doing detail and patrol work. He attended the Vermont Police Academy part-time and will be going full-time next February.

Now his job involves more crime investigations. A string of burglaries of Route 5 businesses was a major reason the town voted to hire a full-time sheriff's deputy in the first place. "I have a lot of people who call and say, 'Well, I don't know if I should report this; it's stupid,'" Ian said. "But nothing is stupid or not worth reporting."

And you may have already met Ian under his blue light. "Traffic safety is one



of our big concerns, so I will stop cars," he says. [Note to Ian: I got my license plate light fixed.]

The Windham County Sheriff's Department is working to set up a Neighborhood Watch program in Putney and Westminster, where residents will take on some of the responsibility for watching over their community, he said.

And the department just joined Connecticut Valley Crime Stoppers, which offers a monetary reward to anyone whose information helps solve a crime. Ian plans to discuss it at the Westminster Selectboard's next meeting. Check out the Connecticut Valley Crime Stoppers Facebook page to get an idea of what they do. The organization is volunteer-run, so the sheriff's department is looking for a volunteer. Call Ian at 365-4942, if this sounds like you.

He doesn't have a set schedule, but the town is working to find him office space in the Westminster Fire Department's building on Grout Avenue. But right now, he's just getting to know the community better.

"Whatever the town needs, we'll figure out how to make it happen," he said.

# Last Month's Mystery Photo

The photo was of a gas station once located in the center of Westminster on U S Route 5 and has since been renovated into a family dwelling.

For last month's picture, correct guesses were from: Barb Greenough, Sue Barnett, Bob Bennett, Pete Harrison, Ginger Cook, Bernie Lawrence, Peter Parda, Mike Fawcett, Christian Blake, Mark Lund, Tom Lawrence, Bill and Joan Smidutz, Allison and David Deen, Marty Collins, Ginny Gosselin, Norm Wright, Pat Haas, David Wright, Peggy Jager, Wanda West and Steve Rose of Brooklyn, NY.

The picture was donated by Barb Holton.

Why have families from 21 towns in Vermont and New Hampshire chosen to educate their 7-12th graders at Compass School?



Find out at our Open House November 19

Join us from 6-8 pm at Compass School. Our open house for prospective students and parents begins with a delicious complimentary dinner served from 6-6:45. Following dinner there will be student-led tours, a brief talk by our co-founder and director Rick Gordon, PhD, and a Q&A session. The evening wraps up with informal conversation among current students, faculty and parents.

Please RSVP to Rick Cowan, Director of Admission  
802-463-2517 • rick.cowan@compass-school.org



**COMPASS SCHOOL**  
7892 US Rte 5 • Westminster, VT  
www.compass-school.org



**Matthew T. BRENNAN**  
GENERAL BUILDING CONTRACTOR LLC  
RESIDENTIAL COMMERCIAL

- ADDITIONS
- NEW HOMES
- SITE DEVELOPMENT
- RESTORATIONS
- KITCHEN & BATH
- PROJECT PLANNING

**802 869 2866**  
www.mtbbuildingcontractor.com

**BEST SEPTIC**

- TANK PUMPING
- REPAIRS
- SNAKING
- CAMERA SERVICE
- PORTABLE TOILETS
- LOCATING
- INSPECTIONS
- FILTERS

WWW.BESTSEPTIC.BIZ BESTSEPTIC@GMAIL.COM

**802-463-9444**

**ADVERTISE IN THE GAZETTE!**

Annual Rates:  
Pages 2-3  
approx. 2.5"x3"  
\$250 a year  
\$25 for one month

Pages 4-7  
approx. 3.5"x4"  
\$500 a year  
\$75 for one month

Page 8  
approx. 1.5"x2.5"  
\$150 a year  
No one time ads

Underwriting Support is a donation of at least \$300 annually and does not include advertising. Underwriters are listed in the box on page 6 each month.

On-line at:  
**www.westminstervt.org**

*Need Adobe Reader to open & high speed internet*



**Sojourns COMMUNITY HEALTH CLINIC**

*Holistic Care for Whole Bodies*

- Shiatsu
- Swedish
- CranioSacral Therapy
- Physical Therapy
- Trigger Point
- Polarity Therapy
- Lymphatic Drainage
- Zero Balancing
- Myofascial Release
- Hot Stone Massage
- Acupuncture
- Chiropractic
- Paraffin Wax Treatments
- Yoga Therapy

**Turkey got you in a twist?**  
Let us help you unwind with a massage!

Insurance accepted for all covered services  
Gift certificates available  
**802-722-4023**  
4923 US Route 5, Westminster, VT  
www.sojourns.org



**VHLS VERMONT HILLSIDE LAWN SERVICES, INC.**  
802-463-9500  
www.VermontHillside.com  
theguys@vermonthillside.com

Paul Lawrence  
Travis Lawrence  
PO Box 174  
Westminster, VT 05158

Lawn Maintenance  
Landscaping  
Plowing  
General Labor/Odd Jobs

**TAKE YOUR WEEKEND OFF!**

**WESTMINSTER ENERGY GROUP**

A Division of  
**WESTMINSTER FARMS**

Top Soil  
Compost  
Dried Manure



Made in Vermont  
By  
Vermont Farmers  
And  
Vermont Cows

PO Box 24 4187 US Rt 5 Westminster Sta., VT 05159  
Phone/Fax: 802 722 4017 Email: westfarms1@myfairpoint.net

Yanmar Charlie Thomas

**GENERAL TRUCK & EQUIPMENT**

Sales • Service  
Just Off I-91 Exit 5  
Westminster Station, Vermont 05159  
Tel: 802-722-3100 Fax: 802-722-3500

Mahindra Tractors Terex Const. Equipment

**"Sam" Streeter L.L.C.**  
Licensed Electrician  
Box 206, Westminster, Vt. 05158  
Tel: (802) 722-3748  
(Building, Remodeling & Repairs)

Cole Streeter Box 103  
(802)722-3178 Westminster, VT 05158

**HAVE AN INTERESTING LOCAL STORY OR PHOTO YOU'D LIKE TO SHARE? SEND IT TO: WESTMINSTERNEWS@GMAIL.COM**

**ALL SEASONS TREE SERVICE**  
*Eco-Friendly Plant Healthcare*

Ask us about:

- Soft chemical and traditional sprays for insects and disease
- Deep root fertilization
- Reintroduction of mycorrhizal fungus
- Year round tree healthcare & maintenance
- Snow plowing and sanding



Also available:

- Pruning
- Stump Grinding
- Removal
- Cabling and Bracing
- Invasive Plant Management

Full Service Fully Insured

Kevin Shrader, Certified Arborist  
802-722-3008 802-376-4909  
PO Box 152 Westminster, VT  
www.allseasonsvt.net

**Fast & Easy Prescription Transfers**  
Just Call Us! **802-460-2634**

**NEW STORE HOURS**

**Greater Falls Pharmacy**  
Family Owned & Operated ~ WE DELIVER!  
78 Atkinson Street • Bellows Falls, VT  
Toll Free: 877-450-3700 • www.gfprx.com

The Pharmacy is now open until 5 pm on Saturdays!  
NEW HOURS: Mon. - Fri. 8:30 am - 5:30 pm/Sat. 9 am to 5 pm

**Motel Westminster**

- Country Motel • Comfortable & Convenient •

Tel. (802) 722-3073  
Wi-Fi available upon request  
Westminster, VT 05158  
Off I-91 Exit 5 • South on Rt. 5

*Reasonable Rates*



**K. BEEBE, INC**  
CABLE TOOL WELL DRILLING  
PUMP SERVICE  
Plumbing & Heating

Established 1946  
FULLY INSURED \* ESTIMATES GIVEN  
CALL 463-3725  
51 SAXTONS RIVER ROAD\*  
BELLOWS FALLS

## From Gleaning to Cleaning, Compass Students Learn by Doing

*Rick Gordon PhD, co-founder and director of Compass School*

There is more to education than just the 3 R's. In the world outside schools, especially in small business or non-profits, the breadth of skills needed is widely varied.

Few people have jobs that involve just math test taking or essay writing or recitation of history facts. Yes, there are all sorts of academic learning that is valuable (and probably one can never have too much of this). But there is also a wealth of other learning high school graduates need to be ready for the world beyond our school walls.

So when Vermont Food Bank emails a desperate call for help gleaning at Holton Farms to beat the freeze, a Compass Spanish class is able to drive down for "field based" learning—speaking Spanish (and developing a bit of insight about migrant labor).

What do these kids learn from this experience? Adaptability, work habits, helping others, time management, attention to detail, problem solving, collaboration. Add to this list the learning Compass students gain from service on Judiciary (our restorative justice group), winter term projects making a video or planning for construction our new addition, project week songwriting or mapping and constructing a wilderness trail, and from travel abroad with our Global Connections Program.

Other opportunities for learning arise when two students help to unload the new kitchen washer and dryer and figure out how to use a dolly to get the appliances into place. Or when middle schoolers clear invasive species as part of science class, or when a teacher asks three advisees to lead all school meeting or when an advisory group does lunch clean-up.

While there can never be too much academic learning in math, science, humanities, and Spanish, there are also countless opportunities (and needs) for other learning that we can take advantage of—these experiences not only allow students to apply their academic skills to the real world, but also allow students to develop their personal resumes to be ready for the big world out there.

Open House for Prospective Students: Tuesday, Nov. 19: Please tell your



Compass student Peter Simpson gleaning apples at Holton Farms.

friends and interested families we are hosting an Open House with dinner, a student led school tour, and a brief presentation on 21st Century Learning with School Director Rick Gordon. To RSVP, contact Rick Cowan at 463-2517 or [rick.cowan@compass-school.org](mailto:rick.cowan@compass-school.org).

Vermont Award for Food Service Excellence: We are immensely proud of Cher Anderson being awarded the 2013 Vermont Student's Choice Award for Food Service Excellence. Cher has a near tireless commitment to providing us all with healthy, tasty and nutritious meals (and snacks). It is wonderful to see her work recognized by the students at school and by state leaders in the School Nutrition Association

### NEWS FROM WESTMINSTER CARES

The Westminster Cares, Inc. Board of Directors met October 2nd Fire House at 4:30 p.m. with Vice President Kathy Elliott presiding. The following board members were present: Miriam Lanata, Pete Harrison, Barbara Carey, Susan Clifford, Reggie Borden, Sally Ryea, Don Dawson, Susan Harlow, Director Ronnie Friedman, and Assistant Director Donna Dawson. Nan Blanchard, Heidi Anderson and Connie Sanderson were excused.

Westminster Cares creates opportunities for seniors and disabled adults to live with independence and dignity in the community. Your support to this caregiving organization is a way for all of us to take care of our friends. Services provided:

Meals on Wheels - 25 different WC volunteers delivered meals throughout the month to 16 people who are now on meals, in addition to frozen meals to eight people on Fridays for weekend meals.

Transportation - During the month of September 20 rides were provided by 4 different volunteers who drove seven different Westminster residents to medical appointments, shopping or programs for a total of 472 miles.

Nursing program: During the month of September our community nurse made 16 visits to eight different Westminster residents for a total of 8.5 hours. She also did blood pressure checks at the monthly senior luncheon.

Equipment available: Walkers, commodes, shower chairs, wheel chairs, hospital beds, electric wheel chair and an electric scooter. Thanks to all who have donated equipment in the past, but we are currently out of storage. If anyone would like to donate equipment to us, we will gladly accept it if you can store it for us.

Meetings attended in September included: Speaker series, bookkeeper, Gazette, website, grant writing, various committees, potential volunteers and home visits. And two online webinars regarding grant training

Programs during the month of September: one Secrets of Healthy Aging session, one trip to Hildene, five Yoga classes, 27 Strength Training classes and four Artist in Each of Us classes and outdoor walking.

Assistance and Referrals: Many hours of assistance to Westminster residents and their families, working with social services agencies, Senior Solutions, the VA, Friends of Veterans, SEVCA, Red Cross, Adult Protective Services and the Visiting Nurses.

Anyone interested in learning more about Westminster Cares, volunteering to deliver meals on wheels or driving neighbors to doctor appointments, working on a committee, making a contribution or attending a workshop may contact Ronnie Friedman at 722-3607 or by e-mail at [wecares@sover.net](mailto:wecares@sover.net).

Memorial Donations for September:

Gifts in memory of Brad Ryea were received from the following:

Susan Vancura

Dick and Lori Miller

Joyce Rodgers

Christine Paradee

Joyce H. Miller

Pete and Linda Saulters

Auto Mall of Brattleboro

Memorial Donations for October:

In memory of Alice and Harold Shattuck from Barbara Greenough

In memory of Art Lettieri from Beverly Major

In memory of Brad Ryea from Bob and Dolly White

In memory of Hank Anderson; In honor of Lee and Heidi's wedding from Phyllis Anderson

Visit our Web site at [www.westminstercares.org](http://www.westminstercares.org).

## NEWS FROM WESTMINSTER VOLUNTEER FIRE AND RESCUE

The Westminster Fire & Rescue Department holds their monthly meetings at 7 p.m. on the first Tuesday of every month and a combined drill on the third Tuesday of every month. Rescue training is the second Tuesday of the month.

Next association meeting is Nov. 5 at 7 p.m.

The Prudential Committee meets twice a month on the first and third Monday after the first Tuesday at 7 p.m.

November Prudential meetings: 11th and 25th

Number of calls in September: 35

Number of calls through October 28th : 38

Number of calls calendar year to Date: 252

Number of calls fiscal year to date: 131

Association Meeting: The Westminster Fire and Rescue Association met for their regular meeting October 1st with President Greg Holton presiding. There were 23 members present and 4 members excused. Currently there are 39 members of the volunteer fire department.

Glenn Rogers has moved out of town and turned in all his gear. It was noted that Glenn left in good standing and will be missed. Arrangements for a group picture for the Web site were discussed and a date was set. The Fire Prevention activities took place October 11th at the fire house.

Quilt Raffle: The drawing was conducted during the meeting and the winner of the quilt and baby blanket donated by Isabelle Croteau is Wendy Cross from Westminster.

Tips for coming into winter: Outside faucets should be shut off and drained properly to prevent freezing and breaking. Window a/c should be removed and stored inside a warm building. Leaving the a/c in a window causes a lot of heat loss.

Try to keep leaves cleaned out of rain gutters to avoid snow backup that may cause damage to the house. Close or install storm windows. I always remove my screens on the side of the house facing the sun to get maximum solar through the windows. The screens can filter out an amazing amount of heat if left in.

And by all means, have your chimneys cleaned and inspected before you start a wood fire in the stoves and furnaces and check the batteries in the smoke alarms and CO detectors.

Hot coals and ashes: When removing hot coals and ashes from a wood stove or fireplace, first put them in a covered metal container. Then put them outside away from the house or other buildings. Several homes are lost each year when hot ashes are left in a container on a wood floor porch or deck or left too close to a building that a spark could reach. Also, be careful not to spread them in an area where there are dry leaves or dry grass that may ignite very quickly.

Halloween Party: The 4th annual Haunted House event for school

kids was held at the Fire House on October 26 from 6 to 8 p.m., complete with games, haunted grave yard and plenty of treats. Many families from Westminster West and Westminster shared in the fun. The Kurn Hattin students had a conflict and were unable to attend.

Fire Prevention Open House: Friday October 11th was a fun filled day and a huge success. Around 150 kids were present, including all of Westminster West, K through 3 from the Center School, 20 from Squeaky Sneakers pre K pre-school and 10 home schooled. Several events took place.

There were rides on the Tower, off road vehicles and an Engine. Representatives from Golden Cross Ambulance and the State Police were there as well as Ian Tuttle from the sheriff's department Thank you from Chief Cole Streeter to the many volunteers who gave so much of their time and energy to make the Fire Prevention Open House such a huge success.

The Westminster Fire & Rescue Association welcomes donations throughout the year from anyone wishing to remember a loved one or a friend.

Memorial Donations for October:

In memory of Alice and Harold Shattuck from Barbara Greenough

Donations received in October:

From Neil Madow

From Patrick Mulligan

From N.S.P.C.B.

From Regena Cote

From Amy and Craig McCullough

From the Fry family

Donations given in October:

Gift certificate to former member who was hospitalized

Food basket to family of current member who was hospitalized

We are always looking for new members: Anyone interested in volunteering their time to help the community in a time of need, please contact Chief Cole Streeter at 722-3178 or stop by the Firehouse any Sunday morning and pick up an application. We would like to have additional volunteers from the Westminster West area. There is a Fire House, an engine and a rescue vehicle located in Westminster West and more help is needed to utilize that equipment during calls.

As always, we would like to thank the community for its continued support of the fire department.

Check us out on our Web site  
www.westminsterfireandrescue.org.

The Westminster Fire and Rescue Association, Inc. operates independently from Westminster Fire District #3.

## What Is a Master Gardener?

by Babs Lynde, a Vermont Master Gardener

Yes, there is such a thing as a Master Gardener. It's not just a made up title! Actually, I've had a lot of folks over the past few years ask me what is a Master Gardener and what do they do, so here's a little information.

The goal of a Master Gardener is to promote successful, safe and environmentally prudent home horticultural practices.

In other words, we can assist the home gardener and farmer with tried and true methods which have been taught to us by our state or university extension facilities from a combination of fact gathering, research and other growing technologies.

Each state has its own set of programs for training their Master Gardeners as every part of the country has its own unique qualities and local needs. Regardless of where you receive your certification, you become part of a huge network of other Master Gardeners throughout the United States, sharing your knowledge with people in your community, and benefiting from the constant gardening updates of that network.

The program itself was created due to the many invasive plants and insects that were decimating our food and energy crops as a result of other gardeners, horticulturists and overseas shipments that were accidentally or purposely bringing in some of these dangers without realizing the consequence of possible escape from their confines.

Our ecological and biological cycles, although strong in their own environments, are very easy to upset or eliminate when introducing factors from wide distances or oceans apart. As an example, one small, microscopic pollen or seed that has never been on our shores before can take root and push or choke out other native plants which in turn can destroy food for insects, fish, animals or birds that are diet-specific.

When they can't find the food they need to survive, they die out, and then like a set of dominos, other environmental changes are made, and it is known world-wide that most rapid environmental changes are not good.

In an effort to "get the news out" so to speak, the Master Gardener program was conceived to push safe practices in gardening, to alert the public of invasive or unsafe gardening and to pass along any information to our communities to help ensure the health of our ecology and our own food and gardens. Since I have become a Master Gardener in 2003, the program has increased substantially statewide in membership and is still growing!

To become a certified Master Gardener in Vermont, you must complete a 14-week course, which covers the basic essentials of home gardening, and plant and soil sciences from the University of Vermont Extension offices. There are several teaching locations available throughout our State. You will learn about soils, pests and diseases, fruit and vegetable production, the growing and caring for annual and perennial flowers, shrubs and trees, landscape design, invasive plants, and integrated garden management, just to mention some of the many subjects.

Once you have completed your training, you must spend a minimum of 40 volunteer hours to become certified. These 40 hours can be obtained in many ways, including helping with the Master Gardener Helpline in the South Burlington Extension office, staffing educational exhibits at various community events, or sharing your knowledge by working with several state programs designed for home gardeners, farmers and youth programs.

Who can be a Master Gardener in Vermont? Anyone willing to commit to the training and volunteer hours set by the UVM Extension office. No previous or related education is required. And you're just in time to sign up for the Master Gardener Basic Course of 2014! Registrations are already available either by website or phone.

Would you like more information concerning Master Gardeners? The Master Gardeners of Vermont are trained to help you with all your needs. Call their Helpline toll-free at 1-800-639-2230, send questions by e-mail to [master.gardener@uvm.edu](mailto:master.gardener@uvm.edu) or visit [www.uvm.edu/mastergardener/](http://www.uvm.edu/mastergardener/) for extensive information.

# Aged in Vermont

Westminster Cares, Inc.

## GENTLE YOGA FOR HEALTHY AGING



As we age it can seem more difficult to move. But movement is the essence of life and the more you move the easier it is. Yoga is one way to keep moving painlessly and joyfully. Newcomers to yoga are welcome at the Westminster Cares Gentle Yoga class, taught by a certified yoga instructor, Lara Darrow. The class is on Mondays from 10 to 11:30 a.m. at the Westminster Institute.

Lara invites all levels of yogis to her class. "One of the most important aspects of yoga is learning to move at a pace that is appropriate for you," she said. "It doesn't matter if you've never done yoga or practiced for 25 years, every time you step on the mat you have the opportunity to practice in a way that feels good, provides you with health and teaches you about your body."

Lara's class provides a warm-up, followed by gentle strength, balance and flexibility building poses. She teaches slow vinyasa-style yoga, which focuses on synchronizing your breath with poses and the movements that take you from pose to pose. The result is the experience of slowly flowing through the poses. Some students compare it to dancing.

There are also variations to each pose which can make it easy for beginners or more challenging for the experienced.

Yoga isn't just for the young, the thin and flexible, or those looking for spiritual enlightenment. It's excellent exercise for seniors who want to be able to move around more easily, feel strong and who don't want to worry about falling.

Research has shown that yoga can help seniors:

- Sleep better
- Reduce stress and anxiety
- Improve digestion
- Slow weight gain
- Ease the symptoms of diabetes, high blood pressure, and chronic pain in joints and muscles.

Many yoga poses stretch muscles and lubricate joints, making it a useful exercise regimen for people suffering from arthritis.

"Lara's class loosens and refreshes me without exacerbating any of the injuries that I have accumulated," said Barbara Carey. "She is a knowledgeable teacher who brings a sense of lightness and ease to her class. Over years of practicing yoga I have tried many yoga styles, and find Lara's class just right when I need to practice gently."

"Yoga is the perfect way to begin any day for mind, body, and soul--and Lara's class is no exception!" Cyndi Fine said.

Lara has been teaching yoga locally for nine years. She was first introduced to yoga during college when "I fell in love with it," she said.

She went to India for nine months where she studied yoga and meditation, including a one-month intensive training in yoga. When she returned to the United States, she studied somatic psychology to further inform her teaching. She's now studying psychology in graduate school.

"I know that my learnings on the psyche flavor and increase the quality of my teaching," Lara said.

Drop by the Westminster Institute and try out a class – the first one is free. After that, the cost is \$13 for one class, or you can buy a card for 10 classes for \$125.

Bring a bottle of water and a yoga mat (they cost about \$10) and wear comfortable clothes that are easy to move and bend in. If you have any questions, call Westminster Cares at 722-3607.

## WATER QUALITY AT OUR SCHOOLS

The Westminster Schools operate a separate Water System at each school – the West and Center Schools. We are required to monitor our drinking water for specific contaminants on a regular basis. Results of regular monitoring are an indicator of whether or not our drinking water meets health standards. During the second quarter of 2013 we did not monitor or test for Total Coliform or E.coli and therefore cannot be sure of the quality of our drinking water at that time.

When we discovered that this error had occurred we immediately tested our water (August 13, 2013) and that test came back clear for Coliform or E.coli. No other action is necessary at this time. We will be taking the fourth quarter tests this month.

If you have any questions, please call Steven Tullar at the 722-3241.

## WESTMINSTER MYSTERY PHOTO



**What is this a picture of and what is the building in the background?**

You may e-mail your answer to [westminsternews@gmail.com](mailto:westminsternews@gmail.com) or [wminster@comcast.net](mailto:wminster@comcast.net) or phone Babs Lynde at 722-9516.

The answer and the winners will be announced in the next issue.

Last Month's Answer: On Page 3.

If you have pictures you think would make a great mystery photo stop by the town office and see Babs Lynde.

**We are looking for more mystery pictures. Have any?**

## NEWS FROM FIRST CONGREGATIONAL CHURCH

Sunday worship is at 10 a.m.

Communion is the first Sunday of each month. The church has a ramp and lift for wheelchair access as well as a handicapped bathroom. Westminster First Congregational is an Open and Affirming church, all are welcome.

Important Dates:

Nov. 3 - Worship and communion 10 a.m.

Nov. 5 - Woman's Fellowship - noon

Nov. 10 - Worship 10 a.m. - Deacons & Trustees meet afterwards

Nov. 14 Senior Lunch - Noon and Chicken Pie Prep 9 a.m. and 2 p.m.

Nov. 15 - Chicken Pie Table set up 5 p.m.

Nov. 16 - Chicken Pie Supper - Two seatings 5 and 6 p.m.

Nov. 17 -Worship 10 a.m. - Special Congregational meeting afterwards

Nov. 18 Standing Committee meeting - 7 p.m.

Nov. 24 - Worship 10 a.m. Special Thanksgiving Celebration

Nov. 30 - Christmas Bazaar & Cafe - 9 a.m. to 2 p.m.

Dec. 8 Westmoreland Band Concert 4 to 5:30 p.m. with refreshments after

## AARP SMART DRIVER COURSE

The AARP Driver Safety Course has been upgraded and is now called the Smart Driver course with a new and improved curriculum. It is research based best driving practices in relation to our aging drivers and our ever changing driving environment. It is a good refresher for all drivers over 50 and may help reduce insurance premiums with some companies.

A Smart Driver course will be held at the Westminster fire house on Grout Ave. in Westminster on Thursday, Nov. 21 from 9 a.m. to 1:30 p.m. by instructor Dick Miller. The fee for AARP members is \$15 and non members is \$20. The maximum class size is 10. To register for the course call Westminster Cares at 722-3607.

## BELLOWS FALLS WINTER FARMERS' MKT.

On Friday, Nov. 15 the Bellows Falls Farmers Market will hold its first winter market of the season. indoors at the Train Station, just across the street from our regular location, from 4 to 7 p.m. The market will run from November through March the third Friday of each month.

The market will host a diversity of vendors and products. We will have a wide variety of vegetables, breads, cheeses, canned goods, meats, prepared foods, crafts, and more. We are welcoming several new vendors this year, so come and check it out.

Winter markets are increasing in popularity in Vermont and around the country. More and more, people are trying to eat locally-grown food through the winter, in addition to the summer months. Winter markets are a chance to connect with farmers outside of the traditional farmers' market season. In addition, local art, and artisan-crafted products make great holiday gifts. Be sure to mark your calendars now for the season. The markets are November 15, December 20, January 17, February 21 and March 21.

The farmer's market accepts both EBT/debit. For additional information about the Bellows Falls Farmer's Market, or to become a vendor, contact market manager Rachel Ware at [bellowsfallsmarket@gmail.com](mailto:bellowsfallsmarket@gmail.com) or 802-463-2018. Make sure to "like us" on Facebook.

Underwriting for the Bellows Falls Farmers Market is provided by the Bellows Falls Downtown Development Alliance, Springfield Hospital Oncology Services "Promoting Healthy Nutrition, Supporting Local Farmers", Sustainable Valley Group, Chroma Technology, NOFA, Village Square Booksellers, Flying Under Radar, LLC, Vermont Festivals, Vermont's Local Banquet, and Hunter Studio. This year's entertainment is sponsored by TransCanada.

For more information contact Rachel Ware at [bellowsfallsmarket@gmail.com](mailto:bellowsfallsmarket@gmail.com) or 463-2018, or visit [www.bffarmersmarket.com](http://www.bffarmersmarket.com).

# WESTMINSTER HAPPENINGS

## Activities

### Scottish Country Dance Classes

Every Wednesday at 7:30 p.m. in the Westminster Center School Gym. Bernard McGrath, instructor. All skill levels welcome. Contact Michael Daley for more information at 387-2601. No charge.

### Putney Contra Dance

Last Saturday of every month at Pierce Hall on East Putney Falls Road, off Rt. 5 in East Putney. A beginner's workshop is taught at 8 p.m., and the regular dance goes from 8:30 to 11. A donation at the door will benefit the Pierce's Hall Building Fund. For more information call 387-5985.

### Senior Potluck Lunch

Every 2nd Thursday of the month at noon. All Westminster seniors are invited to attend a potluck lunch at the First Congregational Church on Route 5.

### Bellows Falls Gallery Walk

Downtown at 5:30 p.m. every 3rd Friday of the month.

### Secrets of Healthy Aging

A facilitated discussion group and pot-luck. The 2nd and 4th Tuesdays of each month at the Westminster Fire Station from 11:30 a.m. to 1:30 p.m. Call Westminster Cares at 722-3607 for more information.

### Contra Dance

Every 3rd Saturday of the month at 7:30 p.m. at the Town Hall in Walpole, N.H.

### Gentle Yoga

Every Monday at 10 a.m. at the Westminster Institute. Call Westminster Cares at 722-3607 for more information.

### Living Strong Classes

Mondays & Thursdays at the First Congregational Church in Westminster from 9 to 10 a.m. or at the Westminster West Church from 6 to 7 p.m. Call Westminster Cares for more information at 722-3607.

### Knitting Together

Join us every Wednesday, from 1 to 3 p.m. at the Village Square Booksellers, downtown Bellows Falls. Bring your knitting needles, we have the yarn and casual instruction if needed to knit hats, mittens and sweaters for area kids.

All our yarn is from community donation and we distribute our completed work to all area schools and Parks Place. More knitters at all skill levels are wanted and we can promise you an enjoyable experience. For details or to donate yarn contact Caroline at 463-4653.

### Zumba Class - Basic Level 1 (B1)

Every Sunday from 4:30 to 5:30 p.m. at the Westminster Institute, beginning April 7. Suggested minimum donation. Please call 376-5397 or e-mail paulinebob@hotmail.com to register or for more information.

### Let's Dance

October 6 and October 20 3-4 pm at the Westminster Institute. Free form dance and movement. No charge.

**WANT TO SHARE SOME LOCAL HISTORY, OR REMINISCE ABOUT SOME OF OUR TOWN'S PEOPLE? THE GAZETTE IS LOOKING FOR CONTRIBUTIONS FROM OUR READERS, AND IF YOU HAD PHOTOS TO GO WITH THE STORY, ALL THE BETTER. CONTACT US BY E-MAIL AT WESTMINSTERNEWS@GMAIL.COM.**

## Faith Community

### The First Congregational Church of Westminster

The Rev. Sami Jones McRae, Pastor. Main Street, Route 5, P.O. Box 122, Westminster, 722-4148. Sunday worship at 10 a.m. Communion is the first Sunday of each month.

Sunday School is held at 10 a.m. from September to May. The church has a ramp and lift for wheelchair access as well as a handicapped bathroom. Westminster First Congregational is an open and affirming church, all are welcome.

### The Congregational Church of Westminster West

The Congregational Church of Westminster West worships every Sunday at 10 a.m. The pick-up choir meets most Sundays at 9 to rehearse for that morning's anthem; newcomers to choir are always welcome!

Holy Communion is celebrated on the first Sunday of every month, and on the Second Sunday the church collects a special offering that goes to Our Place in Bellows Falls to help fund their food shelf.

The church building is fully wheelchair accessible, and the congregation is Open and Affirming. Rev. Susie Webster-Toleno is the pastor, and musicians are Jennifer Hed and Margit Lilly.

Rev. Webster-Toleno currently holds office hours on Monday and Thursday afternoons, and people are welcome to drop by. However, since "office hours" sometimes means she's out visiting people in their homes, it's a good idea to make an appointment if you really want to catch her.

She can be reached at the church on those days at 387-2334, via cell phone at 579-8356 or e-mail susiewt@gmail.com.

### Grace Bible Fellowship Services

The Grace Bible Fellowship holds its Sunday Worship Service at 9:15 a.m. at 38 Elm Street in Walpole, NH.

Find out more about the church at its Web site, [www.gb4hisglory.com/](http://www.gb4hisglory.com/).

## Meetings

**Selectboard** 2nd and 4th Tuesdays at 7:00 p.m. in the Town Hall.

### Planning and Development

**Commission** 2nd Monday at 7 p.m. in the Town Hall.

### Westminster Activities Commission

2nd Monday of the Month at 6 p.m. at the Westminster Institute.

### Westminster School Board

1st and 3rd Tuesday at 7 p.m. at the Westminster Center School Library.

### Windmill Hill Pinnacle Association

3rd Thursday at 7 p.m. at the Westminster West Congregational Church.

### Westminster West Public Library Board

2nd Wednesday at 7 p.m. at the Westminster West Public Library.

### Development Review Board

1st Monday of each month at 7 p.m. at the Town Hall.

### Community Improvement Program Committee

meets the 2nd Tuesday of each month at 6 p.m.

### Westminster Cares Board

1st Wednesday of every month, at the Westminster Fire Station at 4 p.m.

**911 Committee** as needed.

### The Westminster Fire & Rescue Dept.

holds their monthly meetings on the 1st Tuesday of every month, at 7 p.m. and a combined drill on the 3rd Tuesday of every month at the Westminster Fire Station.

### Westminster Historical Society

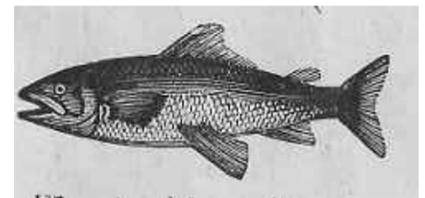
2nd Tuesday at 7 p.m. at the Westminster Institute.

### Westminster Gazette Meeting

Monday, Nov. 25 at 4:30 p.m.

### Westminster Recycling Committee

Every 2nd and 4th Wednesday of the month at 7 p.m. at the Westminster Fire Station.



**THE GAZETTE  
GRATEFULLY  
ACKNOWLEDGES  
THE SUPPORT  
OF ITS UNDERWRITERS:**

Kurn Hattin Homes  
Westminster School District  
Town of Westminster  
Westminster Activities Commission  
Sojourns Community Health Clinic  
Westminster Cares  
Westminster Fire & Rescue  
Association

### WESTMINSTER GAZETTE

**Editor:** Robert Smith  
**Board of Directors:**

Charmion Handy - Chairwoman  
Toby Young  
Angie Dodd  
Donna Dawson  
Sophie Guerrina  
Elizabeth Harlow  
Ronnie Friedman  
**Pictures and Articles  
Provided by the Community**  
[westminsternews@gmail.com](mailto:westminsternews@gmail.com)

## OPEN HOUSE AT THE COMPASS SCHOOL NOVEMBER 19

There will be an Open House at The Compass School on Monday, Nov. 19 from 6 to 8 p.m. at the school located at 7892 Route 5.

The open house for prospective students and parents begins with a delicious complimentary dinner served from 6-6:45.

Following dinner there will be student-led tours, a brief talk by co-founder and director Rick Gordon and a Q&A session.

The evening wraps up with informal conversation among current students, faculty and parents.

**The Deadline for  
the December 2013 Issue of the  
Westminster Gazette is Wednesday,  
November 27th.  
Publish Date is Tuesday,  
December 3rd.  
To Contact the  
Westminster Gazette E-mail:  
westminsternews  
@gmail.com**

## DAVID WALTER Goldsmith & Platinumsmith

CONTEMPORARY HEIRLOOMS SINCE 1985



TUESDAY – SATURDAY 10AM – 6PM  
FIRST FRIDAY GALLERY WALK 5:00 – 8:00PM

### STUDIO & GALLERY

81 Main Street, Brattleboro, Vermont 05301  
802.722.9620 [info@dfwalter.com](mailto:info@dfwalter.com)  
[davidwalterjewelry.com](http://davidwalterjewelry.com)

## KURN HATTIN EXPANDS PROGRAM WITH DAY STUDENTS



### Terrilee Rounds with her daughter, Rebekah, one of the day students attending Kurn Hattin Homes for Children this year.

Westminster area middle school children, along with their families, can choose which local middle school they'd like to attend. At the end of the 2012-2013 school year, then sixth-grader Rebekah Rounds told her mother very clearly that there was only one choice for her—Kurn Hattin.

Why? When her brothers played soccer at Kurn Hattin, Rebekah would always have her family stop down at the farm to visit the horses. She loved the horses. Her mother, Terrilee Rounds said she certainly didn't want that to be the only reason her daughter chose one school over another. Then she knew Kurn Hattin was the best choice for her daughter when she was diagnosed with breast cancer.

She was certain that Kurn Hattin would give Rebekah the support she needed to deal with this new stress in their lives. "Seeing my daughter graduate is very important to me," Terrilee says with conviction.

After only one month, Rebekah is doing remarkably well at Kurn Hattin. She's getting As and she's happy. She and the other children are doing well in their academic courses as well as in their social skills, music, art, physical education and farming classes. They play in the jazz and marching bands. They've fully integrated with their residential children classmates.

As a day student, Rebekah has the option to stay on campus after school for sports or other extra-curricular activities. Right now, she is playing field hockey at the Bellows Falls Middle School. Later in the fall, she'll play basketball with Kurn Hattin. And of course, there are the horses.

Rebekah arrives early in the morning so she can meet with her teachers if she needs some one-on-one time.

"She's really bonded with her teachers," Terrilee smiles. "She works hard and it shows." After school, Terrilee and several of the other five day students' parents wait in the school library for their children. The children show their parents their school work and tell of their day. The residential children wave good-bye and say, 'See you tomorrow.' The children, all of them, are flexible and accepting. Without even realizing it, they're all learning very important life skills.

The children are thriving with the support and attention they receive. Come for a tour and see for yourself the many benefits for children and their families at Kurn Hattin Homes for Children.

## THANKS FROM NORTH WESTMINSTER

The Village of North Westminster (Gageville) would like to sincerely thank Allen Brothers for the flowers they have in recent years donated for the Service men's Memorial Monument.

Thank you!

*Robert Gay and the Village of Gageville*

## CHRISTMAS STOCKING BAZAAR

The 57th Annual Christmas Stocking Bazaar will be held at Christ's Church in Saxtons River on Saturday, Nov. 9 from 9 a.m. to 1 p.m.

As always, there will be delicious baked goods and preserves in the Food Pantry. Home-made apple pies can be purchased frozen and ready to bake for your holiday dessert.

Attic Treasures, vintage jewelry and linens will be for sale, along with a variety of hand-made creations including knitted items (sweaters, hats, mittens, scarves), fabric items (bags, pot holders, aprons), and Christmas ornaments. Tickets for raffles of 150 gallons of fuel oil from Cota & Cota and other surprise items can be purchased at the Bazaar at \$3 each or 6 for \$15. A silent auction of selected items will also be held.

Santa's Land will offer arts and crafts fun for children. Purchase a gift of Time and Talent such as a meal prepared, two hours of handyman time, yard work, or computer assistance. Stop by the Tea Room for a snack or lunch accompanied by Christmas carols from Eric Robinson on the piano.

## THANKS FROM HAUNTED HALLOWEEN KIDS

The Haunted Halloween for Kids would like to thank the following:

Donations for this year from Annette Spaulding, Patrick Madden, Sandy Smidutz, Lisa Calchera, Myra Ashcroft, Harlow Farms, Allen Bros, Dan Axtell, Westminster Activities Committee, and most especially Kathy Lisai and the Dascomb Fund, as well as the countless community volunteers and the Westminster Fire and Rescue Department for which there would not have been a successful event!

We hope everyone had a fantastic time!

*Babs Lynde and Donna Dawson, hostesses and coordinators*

## HISTORICAL SOCIETY RAFFLE WINNERS

The Westminster Historical Society drew the winners of the 2013 Fall Fundraiser Raffle at its annual meeting on Sept 16.

Colleen Grout won the lap quilt donated by Julie Patrick, Nancy Adams won the afghan knit by Jackie Johnson, Lois Johnson won the 1 month membership donated by Greater Rock Fitness, Linda Fawcett won the \$25 gift certificate donated by Tammy Kissell of Perfect Creations, Dan Axtell won the \$30 in car wash tokens donated by Stan Scott of Abenaki Car Wash and Lee Trapeni won the \$50 gift certificate donated by Virginia "Obie" Lisai of Lisai's Chester market.

The funds raised will be put towards preserving some of Westminster's oral history. We extend our gratitude to everyone who took chances and especially those who donated the prizes. Thank you all!

Interested in becoming member of the Society? Dues are very reasonable at \$10 an individual, \$20 for a family, \$50 for a business or \$200 for an individual (lifetime). Money from memberships helps us keep the museum in order and care for the artifact. Call me, Lisa Calchera at 722-9790 if you are interested and I can drop a membership form in the mail to you.

The Historical Society is a 501c3 non-profit organization, run by volunteers, organized in 1962 for the purpose of collecting and preserving information and objects relating to Westminster History for present and future historians, students and people of Westminster and beyond. Membership dues are used for this purpose and you will also receive two Post-Boy Newsletters a year. We are always looking for new members to help out with the Society.

Meetings are held at the Butterfield Library at 7 p.m. on the second Tuesday of the month. The more members we have the better the Society will be so we would love to see new faces! Visit our Web site at [www.WestminsterVTHistory.org](http://www.WestminsterVTHistory.org) or our Westminster History Blog at [www.westminsterhistory.net](http://www.westminsterhistory.net)

## Spaulding & Madden Tax Services

**DID YOU FILE AN EXTENSION AND NEED TO DO YOUR 2012 TAX RETURN? DO YOU NEED TO FILE RETURNS FOR PRIOR YEARS?**

**HAVE YOU MADE CHANGES RECENTLY SUCH AS: PURCHASED REAL ESTATE, RENTAL PROPERTY, GONE THROUGH A DIVORCE, TAKEN MONEY OUT OF PENSION OR IRA PLANS?**

**HAVE YOU RECEIVED LETTERS FROM THE IRS OR STATE DEPARTMENT OF TAXES? NOW IS THE TIME TO CALL US.**

**We are open year round to meet all of your tax preparation and tax planning needs and we look forward to helping you. Call us at (802)722-4500 to schedule your appointment.**

**Spaulding & Madden Tax Services  
5111 US Route 5  
Westminster Station, VT 05159**

### BEST ENERGY SAVING TECHNOLOGIES

A Division of SEVCA Weatherization

#### Energy Improvements:

- ~For existing homes and businesses or new construction~
- ~Save \$\$ on heating~
- ~Reduce building air leakage and infiltration~
- ~Increase comfort levels~

*Competitive Rates!*

**SERVING SOUTHEASTERN VT  
& LOCAL KEENE AREAS**

**::91 Buck Drive :: Westminster, VT 05158::  
Phone (802)722-4575 Fax (802)722-4509**



**HEIDI BERNIER, CBR**  
LICENSED VT & NH

**Berkley & Veller**  
Greenwood Country  
Realtors

Bus. 802-254-6400 x135 • Fax. 802-254-6403  
Res. 802-869-2781 • Cell 802-380-1385  
www.berkleyveller.com  
heidi.bernier@berkleyveller.com  
119 Western Avenue, Brattleboro, VT 05301  
Offices: Brattleboro, VT • West Dover, VT • Walpole, N.H.



**RUGGIERO**  
TRASH REMOVAL

**802.869.2235**

Box 434, Saxtons River Vermont 05154 Joe 802.384.0397 Jeff 603.209.4441

**HARLOW**  
FARM STAND

CERTIFIED ORGANIC PRODUCE • FRESH CUT FLOWERS •

P.O. BOX 260, ROUTE 5, WESTMINSTER, VT (802) 722-3515  
(1/2 MILE NORTH OF EXIT 5 / INTERSTATE 91)

**GREATER FALLS INSURANCE INC.**  
Serving Vermont & New Hampshire

7190 US Route 5, Westminister, VT 05158  
(802) 463-1900  
WWW.GREATERFALLSINSURANCE.COM

Home, Auto, Farm, Business, Motorcycle, Recreational Vehicles

**JACKLYN ATWOOD**  
REAL ESTATE

JACKIE ATWOOD VT & NH BROKER  
616 NEWCOMB ROAD OFFICE/FAX 802-722-9296  
WESTMINSTER, VT 05346 CELL 802-236-1164

jackieatwoodrealestate@gmail.com

## November Business of the Month: Westminster Auto

Westminster Auto on Route 5 in Westminster has been selling cars and trucks for 24 years. Westminster Auto has built a strong reputation for not only being a reputable used car dealership, but also as a full service garage.

Before we sell a car we service it in the garage, we send it through a full service check, where technicians carefully examine all the normal wear-and-tear items.

We are proud of the quality of the pre-owned vehicles that we sell. We work hard everyday to maintain the highest standards of customer service, ensuring our customers are always happy.

**WESTMINSTER**  
**AUTO** Ex 15.1-91  
Rt. 5 Westminster

Vernon & Doreen Kelton  
PO Box 94, Westminster Station, VT 05159  
(802) 722-4722  
Check us out on our website:  
[www.westminsterauto.com](http://www.westminsterauto.com)

**HODGKINS & SONS, INC.**  
Earth Movers

Commercial & Home Excavation  
Septic Systems • Sand, Gravel & Loam

P.O. Box 268  
Bellows Falls, VT 05101  
Phone: 802/463-4800  
603/445-2400  
Fax: 603/445-2193

## November Business of the Month: Jacklyn Atwood Real Estate

A licensed Realtor in Westminster, VT since 1986, Jackie started her own real estate business in 2011.

She lists and sells property in both Vermont and New Hampshire and specializes in residential and land sales in our beautiful Connecticut River Valley area.

Jackie moved to Westminster in 1982, where her family owned a vacation home. Loving nature and wildlife, she moved up permanently and bought property in Westminster where she lives with her family and pets. She loves working full time in the real estate business and in her free time also enjoys hiking, kayaking and many other outdoor activities and has a strong belief in protecting our natural world.

For professional, personal and experienced real estate services, Jackie can be reached at 722-9296 or by e-mail at [jackieatwoodrealestate@gmail.com](mailto:jackieatwoodrealestate@gmail.com).

**ATTORNEY**  
**ERIC ANDERSON**  
Individual, Family,  
Business Representation  
Tel. 802.722.3249 or 802.254.2345  
[eanderson@archstlaw.com](mailto:eanderson@archstlaw.com)  
Glad to Make Housecalls.

Residential • Commercial  
Bench Work

**LAWRENCE & LOBER**  
ELECTRIC

154 Westminster St Bellows Falls, VT 05101 Tel: 802-460-3479 Fax: 802-460-3480

S.B. & Company Auctioneers, Antiques

**SHARON**  
**BOCCELLI**  
& COMPANY

Buying entire estates or single items.  
Probate appraisals  
46 Canal St. Bellows Falls Vt 802-460-1190

*Serene Touch*  
*flowing body and mind together thru touch*

Diane Bazin  
1.802.722.4295 Westminster, VT  
1.802.796.3970 Alburg, VT  
1.413.530.5696 Cell

Combining Reiki  
with Balancing

Therapy for children and adults  
Laura B. Williams LMHC  
Cognitive Behavioral Therapy and  
Emotional Freedom Technique  
1197 Westminster West, VT 05346  
802-258-7871  
office: 39 The Square Bellows Falls, VT

**Allen Bros**  
OIL COMPANY

6023 U.S. Route 5  
Westminister, VT 05158  
[allenbrosoil.com](http://allenbrosoil.com)

Phone: 802-722-3331  
Toll Free: 877-722-3331  
Fax: 802-722-9871

[info@allenbrosoil.com](mailto:info@allenbrosoil.com)

**THE CHIMNEY DOCTOR**  
Ian Conway  
Chimney & Stove Care  
Cleaning, Repair, Installation & Relining  
Authorized Dealer - Regency & Waterford  
Wood & Gas Stoves

273 Earthridge Rd. Paines, VT 05346 CSIA Cert. #1725  
(802) 387-6037 VT Labor & Industry Lic. #14-34  
[chimdco@vernet.net](mailto:chimdco@vernet.net) Member National & Vermont Chimney Sweep Guild

Homeopathy ~ whole health naturally

Kelli Moran, AAPCH

802-387-4846  
Putney, Vt.

natural, safe, effective  
art - Kerri Ambrosio  
weekly area clinic hours available by appointment & donation

**genius loci**  
SUSTAINABLE LANDSCAPE DESIGN,  
INSTALLATION & STEWARDSHIP

Cyndy Fine  
LANDSCAPE DESIGNER

802.376.7275 | [cyndy@geniuslocidesign.com](mailto:cyndy@geniuslocidesign.com)

## KURN HATTIN WRAPS UP CROSS COUNTRY MEETS

To a backdrop of brilliant autumn foliage and perfect weather, Kurn Hattin Homes for Children held its two Annual Invitational Cross Country Meets on Sept. 18 and Oct. 2. Thirteen different schools participated and over 200 runners participated. Schools in the local region were invited to participate in three divisions for groups of students, aged 6 through 14, to run a selected course. This is the 22nd year Kurn Hattin has sponsored the community event.



Family members, faculty, friends, and cheerful spectators all convened to support the children to promote fun, healthy competition and community spirit. For the three divisions, children aged 6-8 years old ran a half mile, aged 9-11 ran a mile, and 12-14 year olds ran a mile and a half. The winners

in the half mile girls and boys divisions respectively were Riley Paul from Lebanon Elementary, with a time of 3:54; and Rudy Blake from Kurn Hattin, who finished with a time of 3:58. In the one mile division, Torin Kindopp from Chesterfield won the boys division with a time of 6:25 and Amelia Opsahl from the Grammar School recorded the best time for the girls with a 7:45 finish. In the mile and a half division, Erika Farhm from Marlborough, NH recorded a 10:39 time for the girls' race, and Isaac Freitas-Eagon from Brattleboro Middle School recorded a 8:51 time for boys, both finishing first.

Special thanks go out to all of the volunteers who make these races possible.

Our Monthly Community Newspaper November 2013 Vol. 9, No. 11

# Westminster Gazette

TOWN OF WESTMINSTER  
PO BOX 147  
WESTMINSTER, VT 05158

Pre-Sorted Standard  
U.S. Postage  
**PAID**  
Westminster, VT  
PERMIT NO. 3

